

Location	Postal Code	Date	Day	Type of Activity	Type of Activity	Time Start	Time End
zoom.us/j/87115744439	Virtual	13-Feb-24	Tuesday	Virtual	Yogalates	08:00	09:00
zoom.us/j/82858388682	Virtual	13-Feb-24	Tuesday	Virtual	Zumba	12:30	13:15
zoom.us/j/82537361384	Virtual	13-Feb-24	Tuesday	Virtual	K-Kardio	17:15	18:15
zoom.us/j/83086160891	Virtual	13-Feb-24	Tuesday	Virtual	KpopX Fitness	18:30	19:30
zoom.us/j/82858388682	Virtual	14-Feb-24	Wednesday	Virtual	Desk Yoga	12:30	13:15
zoom.us/j/83793797468	Virtual	14-Feb-24	Wednesday	Virtual	Fight-DO	17:15	18:15
zoom.us/j/87838192068	Virtual	14-Feb-24	Wednesday	Virtual	Zumba	18:30	19:30
zoom.us/j/83639324587	Virtual	15-Feb-24	Thursday	Virtual	Pilates	08:00	09:00
zoom.us/j/82858388682	Virtual	15-Feb-24	Thursday	Virtual	Stretch & Tone	12:30	13:15
zoom.us/j/86322569220	Virtual	15-Feb-24	Thursday	Virtual	Yogalates	17:00	18:00
zoom.us/j/84699926202	Virtual	15-Feb-24	Thursday	Virtual	U-Jam Fitness	17:15	18:15
zoom.us/j/81496377653	Virtual	15-Feb-24	Thursday	Virtual	K-Kardio	18:30	19:30
zoom.us/j/85135502011	Virtual	16-Feb-24	Friday	Virtual	Sun Salutation	08:00	09:00
zoom.us/j/82858388682	Virtual	16-Feb-24	Friday	Virtual	Lunchtime Yoga Flow	12:30	13:15
zoom.us/j/86841114220	Virtual	16-Feb-24	Friday	Virtual	KpopX Fitness	17:15	18:15
zoom.us/j/83906136169	Virtual	16-Feb-24	Friday	Virtual	Zumba	18:30	19:30
zoom.us/j/86322569220	Virtual	14-Feb-24	Wednesday	Virtual	Dance Remix	17:00	18:00
zoom.us/j/86322569220	Virtual	16-Feb-24	Friday	Virtual	Piloxing	17:00	18:00
zoom.us/j/86498458725 (True Fitne	Virtual	13-Feb-24	Tuesday	Virtual TF	Les Mills Bodycombat	18:15	19:15
zoom.us/j/82010910524 (True Fitne	Virtual	14-Feb-24	Wednesday	Virtual TF	Les Mills Bodybalance	08:00	09:00
zoom.us/j/87646664756 (True Fitne	Virtual	16-Feb-24	Friday	Virtual TF	Les Mills Body Attack	19:30	20:30